Individual Transition Plan

Name ­­­­­­­­­     \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB      \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age      \_\_\_\_\_\_\_

Parent/Guardians Name      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Filling out this questionnaire will give us an idea of what your interests are after you graduate from high school. This will also aid in completing the Individual Transition Plan.

What type of job/career are you interested in?

     \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What jobs/careers would you like to know more about?      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please list any jobs/careers you are NOT interested in.      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Do you want to work full time  part time?

Do you have a Driver’s License? Yes No

Do you plan to get a Driver’s License? Yes No

**What is your plan for transportation?**

|  |  |  |  |
| --- | --- | --- | --- |
|  | My own car |  | Car pool |
|  | Family car |  | Public transportation |
|  | Parent/Guardian will drive me |  | Pay others for transportation |

**What are you interested in doing after High School?**

|  |  |  |  |
| --- | --- | --- | --- |
|  | 4-year college |  | Military Service |
|  | 2- year college |  | Supported Employment (job coach) |
|  | Career/Technical school |  | Day Program |
|  | Employment |  | Volunteer work |
|  | Adult Education Classes |  | Other: |

**What items do you have?**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Social Security Card |  | Selective Service Registration (male, age 18) |
|  | Birth Certificate |  | Checking or Savings Account |
|  | California ID card |  | Health Insurance |
|  | Driver’s License |  | Auto insurance |

**Where do you want to live after High School?**

|  |  |  |  |
| --- | --- | --- | --- |
|  | My own apartment/house |  | Assisted living (group home) |
|  | Dorm room in college |  | Living arrangements are not a concern |
|  | Live with family |  | Supported living, I will have my own place, but support when needed |

**What are your favorite subjects in school?****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**What are your least favorite subjects in school?****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**What are your hobbies/interests?****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Individual Transition Plan

**My Post-Secondary goal for Training or Education**

Think about what your plans are for after High School. What will be your goal for education? Do you want to go to a 4 year college, a community college, or vocational school?

Finish the sentence:

Upon completion of school I will      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Some activities you can complete to achieve this goal

* Visit local community colleges
* Visit career fairs
* Visit local vocational schools
* Research programs for intended major

**My Post-Secondary goal for Employment**

Think about what your plans are for employment. Do you want to work or will your parent support you. If you want to work, what field of work interests you?

Finish the sentence:

Upon completion of school I will      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Some activities you can complete to achieve this goal

* Meet with WorkAbility I counselor for information about part time work available
* Look in the community for businesses that are hiring

**My Post-Secondary goal for Independent Living**

Think about what your plans are after you graduate from High School. Are you going to be living at home with your parents, are you going to be living on a college campus?

Finish the sentence:

Upon completion of school I will      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Some activities you can complete to achieve this goal

* Research transportation costs
* Research living costs such as rent, utilities, and phone